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## **Transcending Personal Apocalypse: Replace Your Beliefs, Revitalize Your Future**

### **ABOUT THE AUTHORS**



#### **Doug Breitbart**

When Doug Breitbart was a successful entrepreneur, attorney, and entertainment industry executive, the world as he knew it evaporated. He experienced his first Personal Apocalypse. It served as the catalyst for a 25-year journey of self-discovery, awakening, and reinvention as an Integral attorney, corporate consultant, coach, and instructor; and provided the foundation for his co-authorship of Transcending Personal Apocalypse.

Born and raised in New York City's Greenwich Village, Doug is a graduate of Columbia College and Fordham University School of Law. He has served as an attorney, corporate consultant, instructor, facilitator, coach, cultural catalyst, and provocateur at large.

Doug is a Certified Instructor of The Living Course, an Adlerian personal growth and development weekend workshop; and a Certified Instructor of INCAF's (International Network for Children and Families) Redirecting Children's Behavior, a six-week parenting practices program.

Doug lives in Bridgman, Michigan with his wife and two rescues, Huck and Leo. He is the co-founder of The Values Foundation.

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## Fabián Szulanski

When Fabián Szulanski graduated with a civil engineering degree, immediately following graduation he experienced his first Personal Apocalypse, an economy and world devoid of gainful employment. After several rounds on the Personal Apocalypse merry-go-round; he finally found his life path and way forward. This catalyzed a transformational journey from the engineering world of measurement and calculation, to a 20-year journey into the nature of systems thinking, human behavior, and collaboration, as a teacher, consultant, facilitator and coach.

His human being-centered worldview provided the foundation for co-authoring *Transcending Personal Apocalypse*, and infuses his professional practice in the realms of strategic innovation and systems thinking.

Fabián holds a BS from the University of Buenos Aires, has pursued additional studies at the University of Bergen (Norway) and the ITBA (Instituto Tecnológico de Buenos Aires), respectively in pursuit of a PhD in Leadership and Systemic Innovation.

Fabián was born and raised in Buenos Aires, Argentina where he currently resides with his wife. He is the co-founder of The Values Foundation.

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