



THE
VALUES
FOUNDATION PRESS

PRESS RELEASE: A Lifeline for the Drowning Professional

Transcending Personal Apocalypse: Replace Your Beliefs, Revitalize Your Future

is not your typical self-help book or hero's journey tale. This unassuming work of manageable length for a Sunday read, without screaming graphics, how-to prescriptions, workbooks, or templates, packs a powerful punch in an easy read. This work provides a thorough and valuable reference, and introspective roadmap for anyone who is experiencing a massive and unavoidable disruption of their life.

In these turbulent times, there is virtually no domain exempted from seismic disruptions. Whether work or family life, security or wellbeing, no aspect of millions of people's lives has been left intact. This book is for those who have experienced these impacts, and have found it challenging to regain their footing in their lives.

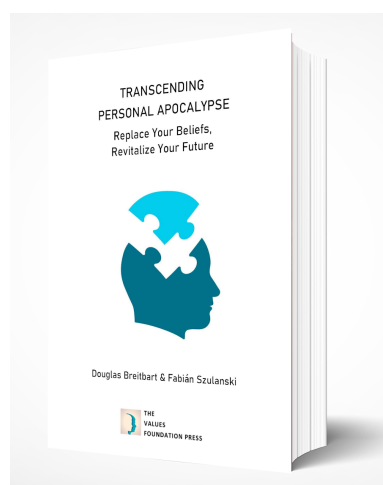
Doug Breitbart and Fabian Szulanski have sought to provide a varied and deeply nuanced dive into how the reader might understand, analyze, identify and ultimately transcend whatever it is that has ground the reader's life to a halt, in achieving her life's needs, goals, and desires.

Transcending Personal Apocalypse is truly a gem for anyone feeling like their life has become a maze with no way out. This little volume provides a bouquet of possibilities within which each of us can find a course to steer our lives clear of the whirlpool, and into open waters.

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Features Angle: What perfect timing in a world of a global pandemic, and chaotic societal challenges all around. This grounding work is a required reference for all those adversely impacted, but committed to regaining their footing, and creating the life they want.

Publication Date: June 24, 2021

Publisher: The Values Foundation Press

Pages: 124

Price: US\$9.99 ebook US\$13.99 Paperback

Availability: Amazon.com

Languages: English, Spanish